PRAYER WILL...

- Build up your family
- Correct Wayward wandering
- Strengthen your faith
- Cleanse your sin, soul
- Promote stability
- Help others
- Get direction and guidance
- Fight the enemy
- Bring clarity to chaos and confusion
- Reinforce your weaknesses
- Draw Close to the Lord
- Improve your character
- Change your perspective
- Transform your feeling
- Regulate your emotions
- Let go of unforgiveness
- Create peace and calm in your life
- Relieve some pressure, worry and stress
- Develop contentment
- Diminish selfishness and laziness
- Discipline your indulgence
- Energize your body
- Restore what was lost
- Lift up your head from shame
- Prove He can be trusted

- Calm you down and cool you off
- Excite you up and get you going
- Forgive some terrible offenses
- Equip you to serve and share
- Wait when you want to run
- Stand firm when you want to give up
- Enable you to give what you want to keep
- Help you take back what the enemy has stolen
- Cultivate faithfulness
- Make you better
- Give courage to the fearful
- And strength to the weak
- Adjust your attitude
- Put a stop to your pity party
- Change your diagnosis
- Remove obstacles and hindrances
- Bring function to all the dysfunction you deal with
- Release you from bondage and captivity
- Help you learn and love God's Word
- Clear up your fog and clean up the funk you're in
- Bring back your prodigal
- It will change you!

•	 	 		
•				
_		 		
•	 	 	 	
•				

Red Sea Rule #4: PRAY!

"Whenever God determines to do a great thing, he first sets his people to pray." Charles Spurgeon

WAYS to PRAY:

- 1. Pray Scripture.
 - I pray to be healthy and strong and filled with wisdom beyond my years and God, please place your special favor upon me. Luke 2:40
- 2. Use a prayer journal.
- 3. Make prayer cards.
- 4. Work through a Prayer book.
 - "Whispers of Hope" by Beth Moore
 - o PRAISE Praise, Repentance, Acknowledge, Intercession, Supplication, Equipping
 - The Power of a Praying...Woman, Young Woman, Wife, Mother,
 - o The 7 Day Prayer Warrior, The Prayers that Change Everything, Praying for Your...Marriage, Adult Children
- 5. Use a prayer method
 - ACTS Adoration, Confession, Thanksgiving, Supplication
- 6. Use prayer circles.
 - The Circle Maker" by Mark Batterson
- 7. PRAY magazine 1.800.691.PRAY or praymag.com 1.800.366.7788 for other prayer cards/resources
- 8. PrayerCentral.net
- 9. Use prayer guides: Billygraham.org (Lost people, fasting, marriage, children, addictions, Easter, Advent)
- 10. Deepen your Biblical Understanding of Prayer: How to Pray, God's promises on prayer, The purpose of prayer, When prayer is unanswered

"Continue steadfastly in prayer, being watchful in it with thanksgiving." —Colossians 4:2 ESV

Don't Just Stand There, Pray Something by: Ronald Dunn

"To Busy Not to Pray" by Bill Hybels

It says "I often wonder what would transpire if every Christ-follower got serious about installing solid prayer practices into their lives. What kind of kingdom gains do you suppose would be made if each of us made pressing into God through prayer a nonnegotiable part of our everyday experience? I believe hearts would soften. Habits would shift. Faith would expand. Love for the poor would increase. Positive, purposeful legacies would be built. And ravenous hunger would rumble through us all to get usable and to get used in significant ways by the one true God. We can make this happen in our lifetime, friend, And it all starts with learning, and loving to pray."