Mental Health and Emotional Wellness

Green Acres Women Summer Bible Study 2020

June 30, 2020 Week Three

Biblical Examples of Discontentment

- Paul
- Bathsheba
- Moses
- Israelites
- Mary

How do we fight discontentment?

- Community
- Scripture
- Thoughts

Scripture References

- Romans 12:9-16
- Galatians 6:1-2
- 1 Corinthians 12:12-27

Notes:

Home Assignment - Week Three

Beginning Wednesday, July 1

➤ Start on page 71 of the workbook (Session 4 – Scared). Work through p. 89.